

Summary of the Components of Initial Preventative Physical Exam (IPPE), also known as “Welcome to Medicare Visit”

Beneficiary history	Elements
1. Review of beneficiary’s Medical and Social History	<ul style="list-style-type: none"> -Past Medical/Surgical history -Current medications and supplements -Family history -History of alcohol, tobacco and drugs -Diet -Physical activity
2. Review of beneficiary’s risk factors for depression and mood disorders	Use any appropriate screening tool for persons without current diagnosis of depression recognized by national professional medical organizations
3. Review of beneficiary’s functional ability and level of safety	<p>CMS accepts any appropriate screening tests that is recognized by national professional medical organizations to review the following</p> <ul style="list-style-type: none"> -Falls risk -Activities of daily living -Home safety -Hearing impairment
Examination	Elements
4. Physical examination	<p>Obtain the following</p> <ul style="list-style-type: none"> -Height, weight, BMI -Blood pressure -Visual acuity screen -Other exam appropriate based on beneficiary’s medical and social history per current clinical standards
5. End of life planning	<p>This is a required service upon beneficiary’s consent. This is verbal or written information provided regarding</p> <ul style="list-style-type: none"> -The beneficiary’s ability to prepare an advance directive -Whether or not the physician is willing to follow beneficiary’s wishes as expressed in “Advance Directive”.
Counseling Beneficiary	Elements
6. Education, counseling and referral based on above five elements	Based on the results of the review and evaluation obtained in the previous five elements provide education, counseling and referral as appropriate.
7. Education, counseling and referral for other preventative services	Brief written plan such as a check list, to be given to the beneficiary for obtaining screening EKG as appropriate, and other preventative services that are covered as separate Medicare part B benefits.